

Holiday Gift Guide

Wellness Edition



The holidays are almost here, and this is the perfect time to SAVE BIG and treat yourself to wellness products that improve your quality life and get you closer to your goals in all areas of life! Greater energy and mental clarity = closer to your goals!

This is also the best time to invest in gifts for your loved ones, to help them live their best and healthiest lives!

Love,
Your TheraFam

On
any of
the following
pages, click the
name of the product
in
this
font
to go to its page.

NOTE: If you want the link to open in a new tab or window of your browser, right-click the image or text and select “Open in new tab” or “Open in new window”



Example



Tri-Lite

✈️💡 Lightweight, soft and flexible, it slips into your backpack and has a large surface area, delivering three times the frequencies of other brands from our special polychromatic lights!

Here's what it does:

😄 Reduces oxidative stress

✅ Reduces pain

👩 Enhances the natural production of collagen, leaving you glowing!

🌞 Generates morning light frequencies

⚡ Provides Mitochondrial support

🌟 Enhanced Energy

Features:

✅ FDA listed and tested

✅ No EMFs

✅ No flicker

This is a red light you'll actually use. It's soft and flexible. There's no need to hold it. You can lie on the couch with it on any part of your



Mask2Go+

The TheraGlow Mask2Go+ is the newest addition to our TheraFace Collection, representing the next generation of portable LED skincare.

Designed with a non-contact ergonomic fit that hovers just above the skin, it enhances comfort, reduces irritation, ensures maximum light coverage without pressure, and pairs perfectly with our favorite serum.

Combining three advanced wavelengths—Red/Infrared, Blue, and Yellow light with a high-density LED matrix, the Mask2Go+ delivers professional-grade results at home. Ultra-lightweight, hygienic, and engineered for everyday use, it's a breakthrough in at-home light-powered beauty.



Mask2Go

The TheraGlow Mask2Go is a cutting-edge red light facial mask that brings advanced light therapy into your home.

As part of our TheraFace Collection, it delivers professional-grade rejuvenation through a multi-mode approach—Red/Infrared, Blue, Amber, and Purple light—to help refresh dull skin, reduce imperfections, and promote overall skin health.

- Red Light/Infrared Light (663nm): Boosts collagen, reduces wrinkles, and improves skin firmness.
- Blue Light(480nm): Targets acne-causing bacteria and soothes irritation.
- Amber Light(636nm): Soothes and relaxes skin while reducing melanin, redness, and stimulating lymphatic flow.
- Purple Light(434nm): Combines red and blue benefits for balanced, radiant skin.

TheraSculpt



- Red Light – Boosts collagen and reduces fine lines
- Blue Light – Clears blemishes and calms inflammation
- Purple Light – Brightens skin, fades scars, and rejuvenates
- ⚡ EMS Microcurrent – Tones, lifts, and tightens facial muscles
- 👩 ♀ Vibration – Relieves tension, promotes lymphatic drainage
- 🔥 Heat – Enhances absorption and circulation.

Other brands barely have half the features!



Atomizer

The TherAroma Portable Atomizer Essential Oil Diffuser is a waterless, wireless, and heat-free aromatherapy system designed to deliver pure essential oil benefits wherever you go. Developed by Therasage as **the perfect complement to the Thera360 PLUS Portable InfraRed Sauna**, this elegant diffuser uses nebulizing technology to convert essential oils into micro-droplets, **without diluting them in water or degrading them with heat.**

Compact, rechargeable, and spill-safe, the TherAroma offers true **aromatherapy with powerful health and wellness benefits.**

Whether at home, **in your car**, at the office, or while traveling, this diffuser helps you enhance mood, cleanse the air, and boost vitality, naturally.



H₂O⁺

💧 Hydrogen-rich water has been studied for many years, and now it's finally going viral (for a good reason).

🏃‍♀️ In a 2022 study, athletes noticed less fatigue, faster sprint times, and further distances! Imagine the greater distances you can go in all areas of life!

🔬 But not all hydrogen water is created equal.

💧 Get the only hydrogen water bottle that also structures your water and has red light, has a Hydrogen inhalation feature, and produces up to three times more hydrogen than other bottles on the market! ❤️



DRYBRUSH

Discover the TheraBrush collection, where innovative vegan dry brushing meets advanced bioenergetic technology. This exclusive lineup features our TheraBrush with Copper Bristles.

- **Ion Activation:** Experience the energizing power of ion-charged copper bristles that awaken your skin and release neutralizing ions to balance your body's energy.
- **Lymphatic Lift:** Gently stimulate your lymphatic system to accelerate toxin drainage and reduce inflammation.
- **Exfoliation Excellence:** Buff away dead skin cells to reveal smoother, glowing skin while helping to diminish the appearance of cellulite.
- **Electromagnetic Equilibrium:** Restore your body's natural balance by counteracting modern digital stressors.

Thera360 Plus



Discover the future of personal wellness with the Thera360 Plus Personal Infrared Sauna. Combining cutting-edge TheraFusion™ InfraRed Technology with our exclusive Tri-Lite panels, this innovative sauna delivers full spectrum infrared, advanced earthing, and EMF remediation for optimal health benefits—all in a portable, user-friendly design.

- **Full-Spectrum Infrared Heat:** Emits near to far infrared frequencies that deeply penetrate tissues, promoting detoxification and improving circulation.
- **Advanced Earthing Technology:** Captures the Earth's natural charge to balance your body's polarity and enhance cellular communication.
- **EMF and RF Remediation:** Shields you from harmful electromagnetic fields while delivering consistent therapeutic heat.
- **Gemstone-Enhanced Panels:** Utilizes tourmaline-infused panels to generate an abundance of healing negative ions.
- **Tri-Lite Panel Technology:** Delivers potent red light and near infrared frequencies to boost mitochondrial function and collagen production.
- **Portable and Foldable Design:** Energy efficient and easy to set up, it's designed to fit perfectly in any space.
- **Digital Control:** Features a user-friendly digital controller with extended timers and enhanced temperature settings.